



# Believe In Tomorrow Port to Fort



## 6K

4.21.18



Believe In Tomorrow  
Children's Foundation



**Family friendly run/walk through Fort McHenry**  
*Benefiting critically ill children and their families*

# 04.21.18

Saturday • 8:30 am Start

# Coke Field

In Locust Point



## #P2F2018

# Runner Handbook

# Get ready for race day!

We are thrilled that you will be joining us for the **2018 Port to Fort 6k** on **Saturday, April 21<sup>st</sup>**!

Please take a few minutes to review the information in the Runner Handbook to make sure you are 100% prepared for race day.

*Please think green and don't print this packet unless absolutely necessary!*



## Thank you to our sponsors!



# Packet Pickup

Packet Pickup is your opportunity to receive your race shirt, bib number/timing chip prior to race day.

*We strongly encourage attending packet pickup, however, you are able to pick up your race packet on Saturday.*

You **may** pick up another runner's packet or packets for a team. Please bring a list of everyone's names to facilitate this process.

## Location

Join us at **Iron Rooster** in **McHenry Row** to pick up your race packet.

Iron Rooster  
McHenry Row  
1606 Whetstone Way  
Baltimore, MD 21230

## Hours

Thursday, April 19<sup>th</sup>: 4 pm - 7pm

Friday, April 20<sup>th</sup>: 4 pm - 7pm

**\*\*Anyone registering after 8:30 am on Wednesday, April 18 will NOT be able to pick up their shirt and bib number/timing chip at packet pickup, but rather at the registration tables on Saturday. Online registration will end at 10:00 am on Friday.**

\*Race day registration and packet pickup (at the race) will begin at 7:00 am at Coke Field.



**2018  
Race  
Shirt**



# Directions & Parking

**Port to Fort 6K starts at 8:30 am.** Please allow yourself enough time to find parking and prepare for the race prior to the start. Race starts at Coke Field: **1101 E. Fort Avenue, Baltimore, MD 21230**



Parking will be available to participants in the **Banner Building Parking Garage**. The address is **1215 East Fort Ave, Baltimore MD, 21230**. (Lot 1)

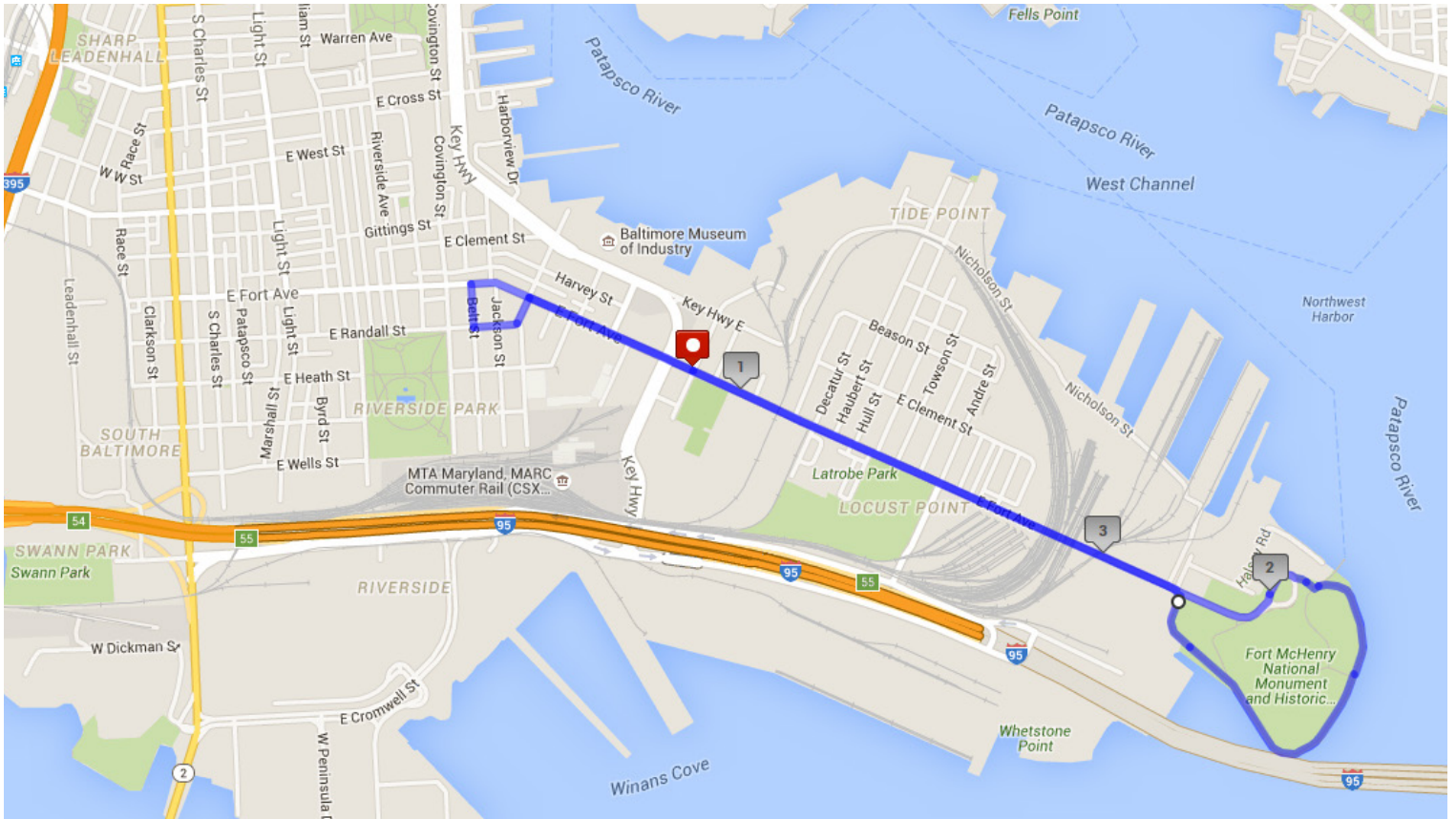
There will also be parking at the **Under Armour parking lot at 1200 Key Highway East**. (Lot 2)

Parking signs and directors will be there to guide you to available lots. Be on the lookout for red, white, and blue balloons. Carpooling is greatly encouraged as the lots fill quickly.

As a last option, parking may also be available on surrounding streets. We ask that you please pay attention to all parking signs and be respectful of the surrounding neighborhood.

Please allow yourself enough time to find parking and prepare for the race prior to the 8:30 am race start. Baltimore City Police Department will be shutting down the surrounding streets by 8:15 am.

# Race Course



- The race will begin at the intersection of Woodall Street and Fort Avenue.
- Head West on Fort Avenue toward Light Street.
- Left on Belt Street, left on Randall Street. Left on Webster Street.
- Right on Fort Avenue toward Fort McHenry
- Enter Fort McHenry and complete Fort loop, returning to Fort Avenue and heading west.
- Left on Woodall Street to the finish line.



# Bag Check

Bag Check will be provided by our friends at Brother's Services to help stash your belongings while you run!



Look for the Brother's Services trailer directly inside the main gates at Coke Field.

*\*We are not responsible for any lost or misplaced items.*



# Prizes and Awards

## Fundraising Prizes:

All award winners will be recognized at our post-race picnic featuring food, lively music and fun activities to celebrate a job well done!

### **Individual Fundraiser Awards:**

A big **THANK YOU** to all of our fantastic fundraisers! Prizes will be given to the top 10 fundraisers. The top five fundraisers will pick from the five prizes pictured below. The next five will receive Believe In Tomorrow swag bags. Please submit all final cash and check donations to the fundraising table prior to 8:30 am on race day.

Prize 1.



Grizzly 60 cooler with Believe In Tomorrow logo

Prize 2.



Grizzly 20 cooler with Believe In Tomorrow logo

Prizes 3 and 4.



Under Armour 24 can soft cooler with Port To Fort Logo

Prize 5.



\$175 Gift Card to Charm City Run

## Team Awards:

### **Armed Services Challenge:**

Awarded to the largest military team

### **Corporate Team Challenges:**

Awarded to the largest corporate team and the corporate team with the most money raised!

### **Community Team Challenges:**

Awarded to the largest community team and the community team with the most money raised!

### **Family Team Challenge:**

Awarded to the largest Believe In Tomorrow family team and the Believe In Tomorrow family team with the most money raised!

## Individual Awards:

Home Depot Gift Cards will be presented to the top three male/female finishers overall.

Medals will be presented to top three male/female masters overall and the top three male/female finishers in each age group (10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 and over).



# Pre and Post Race Activities



The Port to Fort 6k is an incredibly family-friendly event with something for everyone. Kids have tons to do before and after the race: from Home Depot's Kids Workshop, to hanging with Star Wars characters, to face painting.

Pre-race attendees will be greeted with delicious coffee beverages from Dunkin Donuts, as well as granola bars and bananas from Harris Teeter.

Be sure to stick around after the race for awards and a picnic lunch on Coke Field, with food provided by the Iron Rooster, Turkey Hill, and Utz! On your way out, be sure to grab a flower from our friends at Bell Nursery as a special thank you for all your hard work.

