

Believe In Tomorrow's 21st Annual **Port To Fort 6K**

Benefiting critically ill children and their families



1996  2017

Port to Fort 6k
Believe In Tomorrow
Children's Foundation

★



Believe In Tomorrow[™]
Children's Foundation

Saturday, April 22nd
8:30 a.m. Start · Coke Field In Locust Point
Family friendly run/walk through Fort McHenry

Runner Handbook

Get ready for race day!

We are thrilled that you will be joining us for the **2017 Port to Fort 6k** on **Saturday, April 22nd**!

Please take a few minutes to review the information in the Runner Handbook to make sure you are 100% prepared for race day.

Please think green and don't print this packet unless absolutely necessary!



Thank you to our sponsors!



Bath Fitter of Laurel



Baronas Dentistry



ACCESS



Baltimore Community Tool Bank



Packet Pickup

Packet Pickup is your opportunity to pick up your race shirt, bib number and timing chips prior to race day. By doing so, you can save time and energy on race day.

We strongly encourage attending packet pickup prior to race day. Individual packet pickup will be available prior to and on race day. We apologize, we cannot provide team packet pickup due to the growing size of our race each year.

You **may** pick up another runner's packet or packets for a team. Please bring a list of everyone's names to facilitate this process.

Location

Join us at **Charm City Run** in **McHenry Row** to pick up your race packet.

Charm City Run
McHenry Row
1713 Whetstone Way
Baltimore, MD 21230

Hours

Thursday, April 20th: 2 p.m. - 7p.m.
Friday, April 21st: 2 p.m. - 7p.m.

****Anyone registering after 8:00 a.m. on Tuesday, April 18 will NOT be able to pick up their shirt, bib number and timing chip at packet pickup, but rather at the registration tables on Saturday.**

*Race day packet pickup (at the race) will begin at 7:00 a.m. at Coke Field.

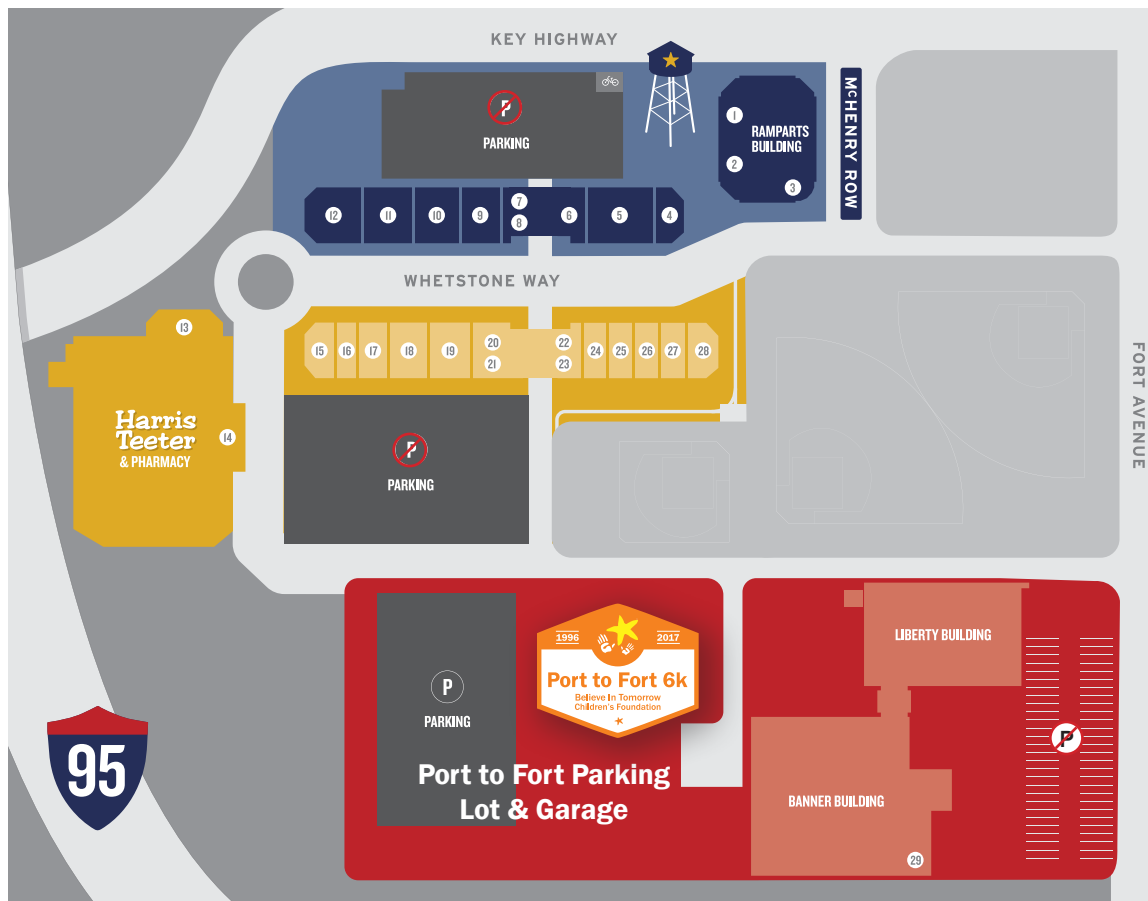
***Anyone wishing to register for Port to Fort may do so at packet pickup or on race day, beginning at 7:00 a.m.**



**2017
Race
Shirt**

Directions & Parking

Port to Fort starts at 8:30 a.m. Please allow yourself enough time to find parking and prepare for the race prior to the start. Race starts at Coke Field: **1101 E. Fort Avenue, Baltimore, MD 21230**

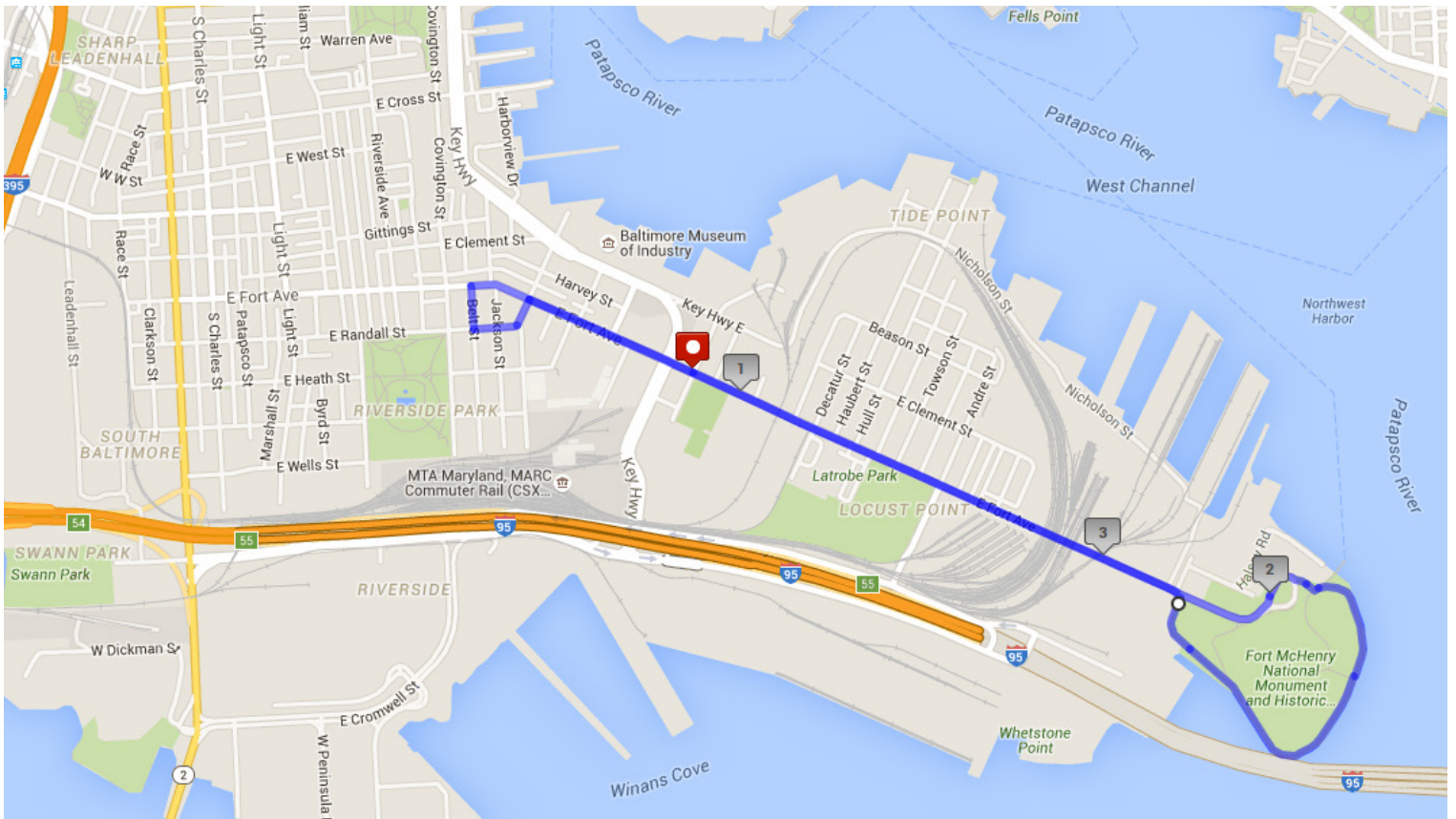


Limited parking will be available to participants in the back lot of Phillip's Seafood(Lot & Garage.) Parking signs and directors will be there to guide you to available lots. Carpooling is greatly encouraged as the lots fill quickly. Parking may also be available on surrounding streets. We ask that you please pay attention to all parking signs and be respectful of the surrounding neighborhood. Please allow yourself enough time to find parking and prepare

for the race prior to the 8:30 a.m. race start. Baltimore City Police Department will be shutting down the surrounding streets by 8:15 a.m.

***Please do not** park in the Southside Market Place Shopping Center or the McHenry Row garages as they have not permitted runners to park there on race day and may tow your vehicle. Please don't use the front "Liberty Building" parking lot as well.

Race Course



- The race will begin at the intersection of Woodall Street and Fort Avenue.
- Head West on Fort Avenue toward Light Street.
- Left on Belt Street, left on Randall Street. Left on Webster Street.
- Right on Fort Avenue toward Fort McHenry
- Enter Fort McHenry and complete Fort loop, returning to Fort Avenue and heading west.
- Left on Woodall Street to the finish line.

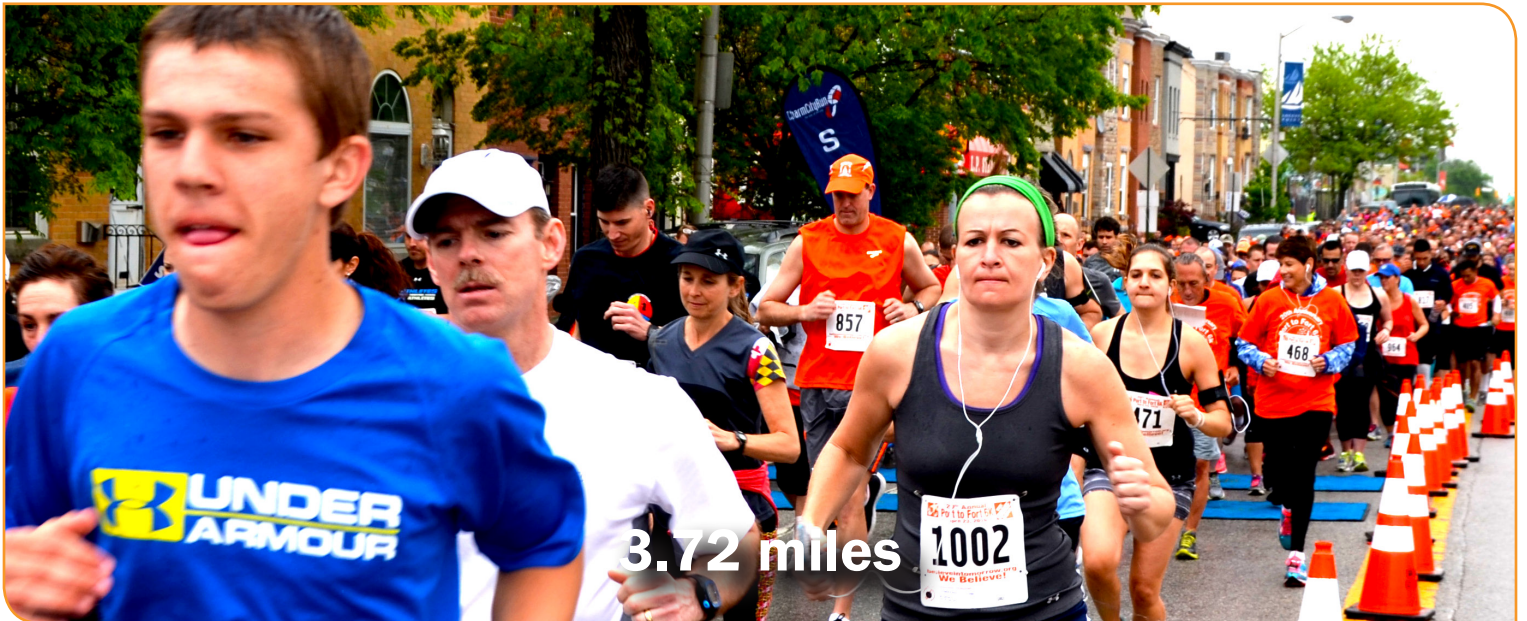
Bag Check

Bag Check will be provided by our friends at Brother's Services to help stash your belongings while you run!



Look for the Brother's Services trailer directly inside the main gates at Coke Field.

**We are not responsible for any lost or misplaced items.*



Prizes and Awards

Fundraising Prizes:

All award winners will be recognized at our post-race picnic featuring food, lively music and fun activities to celebrate a job well done!

Individual Fundraiser Awards:

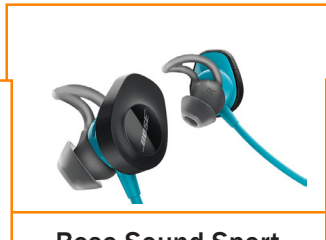
A big **THANK YOU** to all of our fantastic fundraisers! Prizes will be

given to the top 10 fundraisers. The top five fundraiser will get the chance to pick from the top five prizes pictured below. Please submit all final cash and check donations to the fundraising table prior to 8:30 a.m. on race day.



Yeti Hopper 20

Charm City Run
\$175 Gift Card



Bose Sound Sport
Wireless Headphones

Under Armor
\$100 Gift Card



Amazon
Echo Dot

Team Awards:

Armed Services Challenge:

Awarded to the largest military team

Corporate Team Challenges:

Awarded to the largest corporate team and the corporate team with the most money raised!

Community Team Challenges:

Awarded to the largest community team and the community team with the most money raised!

Family Team Challenge:

Awarded to the largest Believe In Tomorrow family team and the

Believe In Tomorrow family team with the most money raised!

Individual Awards:

Home Depot Gift Cards will be presented to the top three male/female finishers overall.

Medals will be presented to top three male/female masters overall and the top three male/female finishers in each age group (10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 and over).

Post-Race Activities



After the race, join us for a post-race celebration on Coke Field with food provided by Iron Rooster, Turkey Hill, Shoppers Food, UTZ, and Harris Teeter!

Enjoy a picnic lunch provided by our food sponsors, listen for your name during the awards ceremony for fundraisers and runners. On your way out, grab a flower from Bell Nursery as a special thank you for all your hard work!

Before you go, stop by our sponsor tables and thank them for their support!





FLASHFRAME

Photography with FlashFrame – Share photos at your race



Take photos at race



Upload your photos to FlashFrame, automatically tagged with bib number



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